



RULES OF PLAY:

- 3rd grade – 4th Grade is 10v10 including goalie
- 5th grade – 6th Grade 12v12 including goalie, modified stick checking is allowed
- 6th grader - Teams and under must play U.S. Lacrosse Youth Level A rules
 - Modified checking
 - 3 Second Rule for good defensive positioning
 - The 4 goal rule will NOT be used
 - The 1 pass rule will NOT be used
 - Red Card(Flagrant) - the player will be required to sit out their next game
- 7th graders - Teams may elect to play regular U.S. Lacrosse Women's Rules
 - Full Checking
 - Red Card(Flagrant) - the player will be required to sit out their next game
- 8th Grade – Varsity is 12 v12 unless agreed to otherwise before start

DURATION OF PLAY:

- Regulation Size Fields
- **Games consist of ONE 40 minute game**
- NO time outs
- Free position are taken after the horn sounds
- During an injury time out, clock will run
- Score to be kept by the officials on the field. Official's rulings are final
- No jewelry, no band aids covering the jewelry
- Goalies must wear all equipment
- A central horn starts and stop each game
- Home team is the team listed first. Home team will wear pinnies if necessary
- If a coach is issued a yellow card it counts as a team foul and the team must remove a player from the field.
- **IF YOU HAVE 4 GAMES, YOUR 4TH GAME WILL NOT COUNT TOWARDS YOUR STANDINGS**
- Play off tie breakers
 - Points, Head to head (If they play each other head to head, if not goes to goals against), Goals against, Coin toss
- If any teams ties in a Playoff Game or Champ Game there will be a 3-Player Braveheart plus goalie, First Goal Wins!

SPORTSMANSHIP

- Sportsmanship is important. Please respect the coaches, referees, players & fans.

RULES RELATED TO INCLEMENT WEATHER:

- There are no "rain dates" for the Lax Blast. Assume that games will be played on their scheduled dates.
- If inclement weather that causes a game stoppage (i.e. lightning sighting) during the event, the following rules apply:
- Play will stop until the head official deems the weather suitable for resuming
- If the delay is substantial, Tournament HQ may make a decision to shorten all remaining games until the tournament is back on time.